

Birthing Basics, LLC  
High Risk/Multiples Class Syllabus  
Lisa-Marie Cook BSN, RNC-OB, ICCE, C-EFM, CD  
Internationally Certified Childbirth Educator (ICEA)  
Cook Counterpressure<sup>SM</sup>

This 1-hour long High-Risk, Childbirth Q&A session is designed to provide the mother and father/birth partner a comprehensive, informative session covering all aspects of your High-Risk factors and special needs. Topics in labor and delivery include the newest evidence-based “Mother-Friendly” care for laboring women including

### **High-Risk / Multiples Syllabus: (1-hour Live Q&A)**

- Introduction
- Your High-Risk factors and special needs
- Topics in Labor and Delivery
- Close-out